EUROPEAN UNION
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Operational Programme Research,
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MINISTRY OF EDUCATION, YOUTH AND SPORTS

Neck Massage



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FZS ZČU

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M. Sternocleidomastoideus

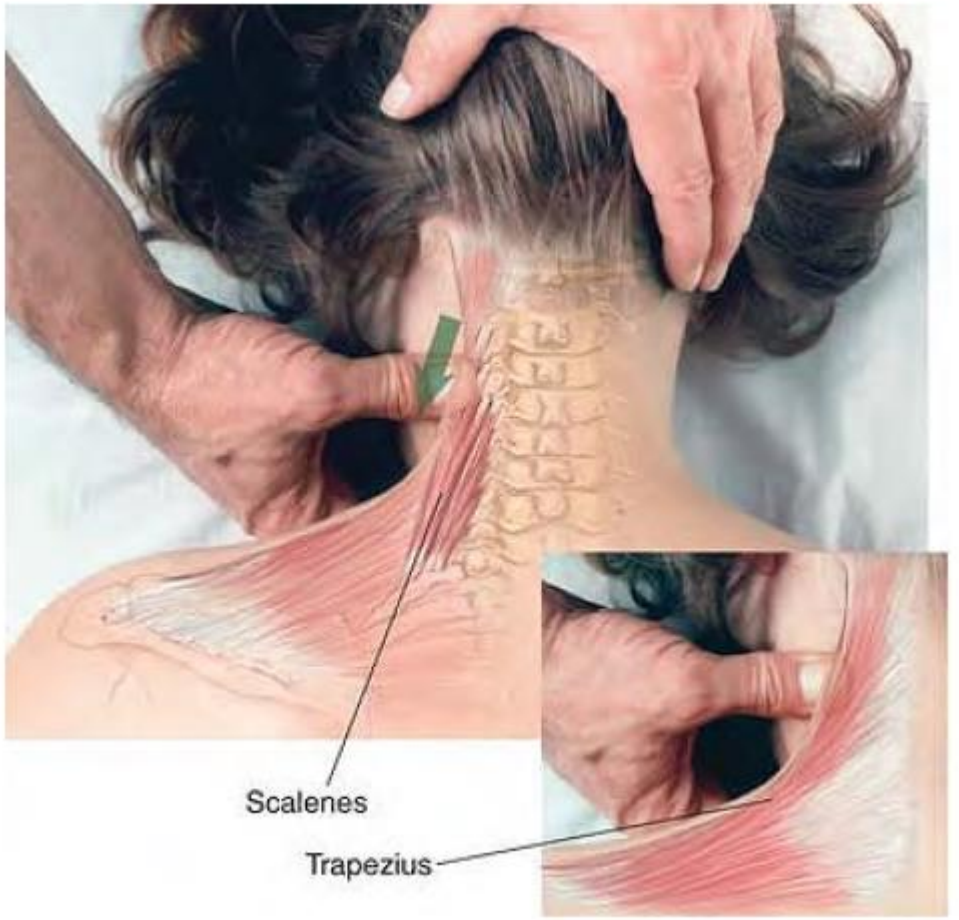




Mm. scalenni







Mm. scalenni



Stripping of posterior neck muscles with thumb







Compression of suboccipital muscles



Cross-fiber stroking on posterior neck muscles with the thumb



